

Primary School Lunch Allergen Chart

Menu Cycle: _____



Key	
Y	Allergen contained within dish
MC	May Contain - Allergen is present at the manufacturing site and our suppliers believe there is a significant risk in cross contamination

	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide

Soups

Carrot & Sweet Potato Soup	Y													
Chicken Noodle Soup	Y	Y		Y										
Lentil Soup	Y													
Potato & Leek Soup	Y													
Tomato & Lentil Soup	Y													
Vegetable Soup	Y													

Option 1,2 & 3

Baked Beans & Toast		Y					M/C							
Beefburger & Burger Bun		Y										Y		Y
Breaded Fish		Y			Y									
Brown Chicken Sub Roll		Y										M/C		
Cheese & Tomato Pizza		Y					Y							
Cheese Baguette		Y		M/C			Y						M/C	M/C
Chicken Burgers (Plain)		Y										Y		

Brown Rice														
Chips														
Coleslaw				Y			Y			Y				
Noodles		Y		Y										
Pasta		Y												
Brown Sub Roll		Y									M/C			
Wraps		Y												
Bread 50/50		Y											Y	
French Stick				Y			Y							

Sweet of the Day														
Chocolate & Banana Sponge		Y		Y			Y							
Custard							Y							
Fruit Jelly														
Vanilla & Pear Sponge		Y		Y			Y							
Yogurt Muffin/Loaf		Y		Y			Y							
Yogurt							Y							