

Early Years Allergen Chart August 2023

Soups

Soups	Allergens contained in dish	Allergens that may be present
Chicken & Rice Soup	celery	Not applicable
Lentil Soup	celery	Not applicable
Potato & Leek Soup	celery	Not applicable
Vegetable Soup	celery	Not applicable

Main options

Main Options	Allergens contained in dish	Allergens that may be present
Baked Beans on Toast	gluten, soya	Not applicable
Beefburger Roll	gluten, sulphur dioxide	eggs, milk, soya
Cheese Omelette	eggs, milk	Not applicable
Cheese Pizza	gluten, milk	Not applicable
Chicken Burger (Plain)	gluten	eggs, milk, soya
Chicken Curry & Rice	Not applicable	gluten
Chicken Goujons & Dip	gluten, eggs, milk, mustard	Not applicable
Fish Finger Bun	gluten, fish	eggs, milk, soya
Fried Fish	gluten, fish	Not applicable
Macaroni Cheese	gluten, milk	mustard
Meatballs in Gravy	celery, gluten	soya sulphur dioxide
Mince	gluten	celery
Pasta Bolognese	gluten	celery
Pork Sausages in Gravy	celery, gluten, sulphur dioxide	Not applicable
Quorn Curry	egg	gluten
Quorn Dippers & Dip	gluten, egg, milk, mustard	Not applicable
Roast Chicken	celery, gluten	Not applicable
Salmon Fish Fingers	fish	Not applicable
Sausage Roll	gluten, egg, milk, sulphur dioxide	Not applicable
Tomato Pasta	celery, gluten	Not applicable
Vegetable Sausages in soft finger roll	gluten, soya	sesame

Sides/bread

Sides/Bread	Allergens contained in dish	Allergens that may be present
Baby Jacket Potatoes	Not applicable	Not applicable
Bread for Soup	gluten, soya	Not applicable
Chips	Not applicable	Not applicable
Coleslaw	eggs, milk, mustard	Not applicable
Creamy Potatoes	Not applicable	Not applicable
Crusty Bread	gluten	eggs, milk, nuts, peanuts, sesame, soya
Garlic Bread	gluten	eggs, milk, nuts, peanuts, sesame, soya
Herb Potatoes	Not applicable	Not applicable
Potato Wedges	Not applicable	Not applicable
Mixed Salad	Not applicable	Not applicable

Sweet of the day

Sweet of the Day	Allergens contained in dish	Allergens that may be present
Cookie	gluten	Not applicable
Custard	milk	Not applicable
Fruit Jelly	Not applicable	Not applicable
Fruit Platter	Not applicable	Not applicable
Sponge	gluten, egg	milk
Yogurt	milk	Not applicable

Drink

Drink	Allergens contained in dish	Allergens that may be present
Milk	milk	Not applicable