

ALCOHOL INFORMATION - NORTH AYRSHIRE

Consequences of Excess Drinking



In 2016 1186 North Ayrshire residents were admitted to hospital due to alcohol



That is the equivalent of 3 North Ayrshire residents being admitted to hospital every day for a whole year

Drinking and Young people



In 2014 in North Ayrshire there were 97 hospitalisations of young people aged 11-25 due to alcohol



13.5% of 4th year (15 y.o.) pupils in North Ayrshire drink alcohol on a weekly basis

North Ayrshire figures are statistically significantly worse than the Scottish average rate of alcohol related hospital stays in the general population AND for young people 11-25.

There are 20 Children on the child protection register in North Ayrshire where parental alcohol misuse is a factor



Alcohol Related Deaths Ayrshire 2014/15

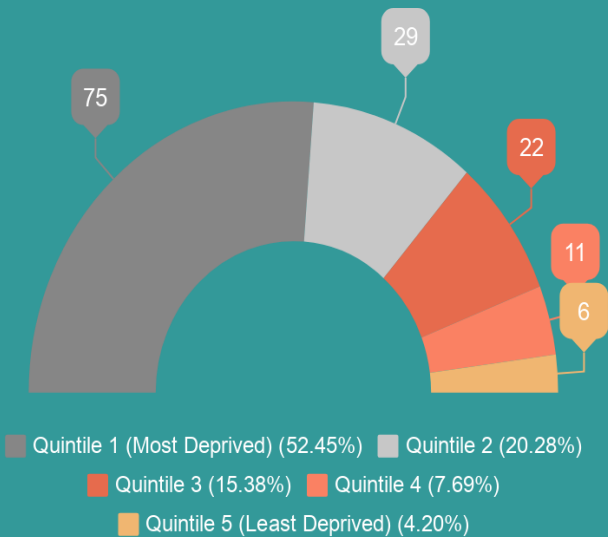


Average of 29 Alcohol related deaths per year in North Ayrshire

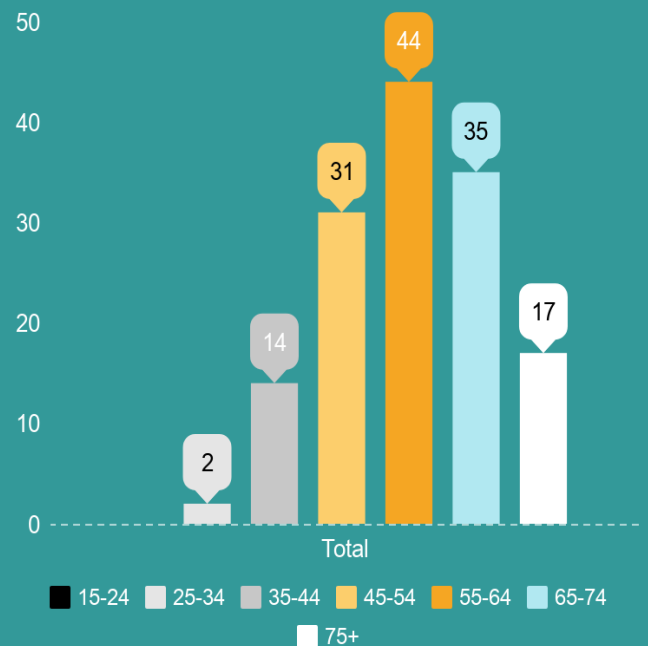


2011-2015 ISD

Alcohol Deaths North Ayrshire 2011-15



Alcohol Deaths North Ayrshire 2011-15 by Age

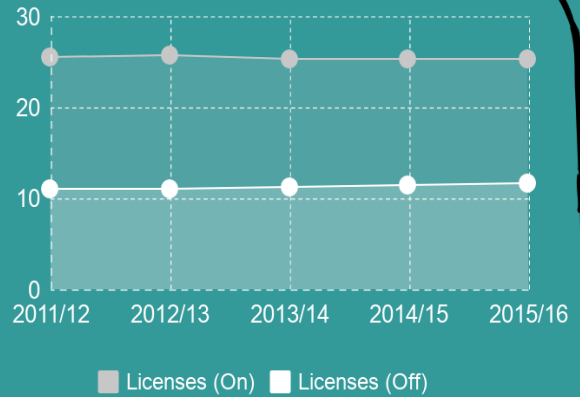


2011-2015 ISD

Availability of Alcohol



There are 403 licenses in use in North Ayrshire



The rate of licenses (On trade) per 100,000 people has decreased steadily by a small amount, whilst the rate of licenses (Off trade) is steadily increasing.

Scottish liquor licensing statistics 2015/16

Research from Edinburgh and Glasgow University Shows:

Areas with higher outlet density have higher rates of alcohol hospitalisations and deaths.

Who is most at risk of an alcohol related hospitalisation?



- Male
- Middle - Aged
- From deprived area

New Guidelines

These aim to reduce risk of mortality from cancers or other diseases. The links between alcohol and cancer were not fully understood in the original 1995 guidelines.

Revised Guidelines released by the Scottish Government in 2016 recommend that both men and women do not consume more than:



OR



OR



6 pints (568ml) of average strength Beer (4% ABV)

6 x 175ml Glasses of Wine (11% ABV)

14 x 25ml measures of 40% spirits