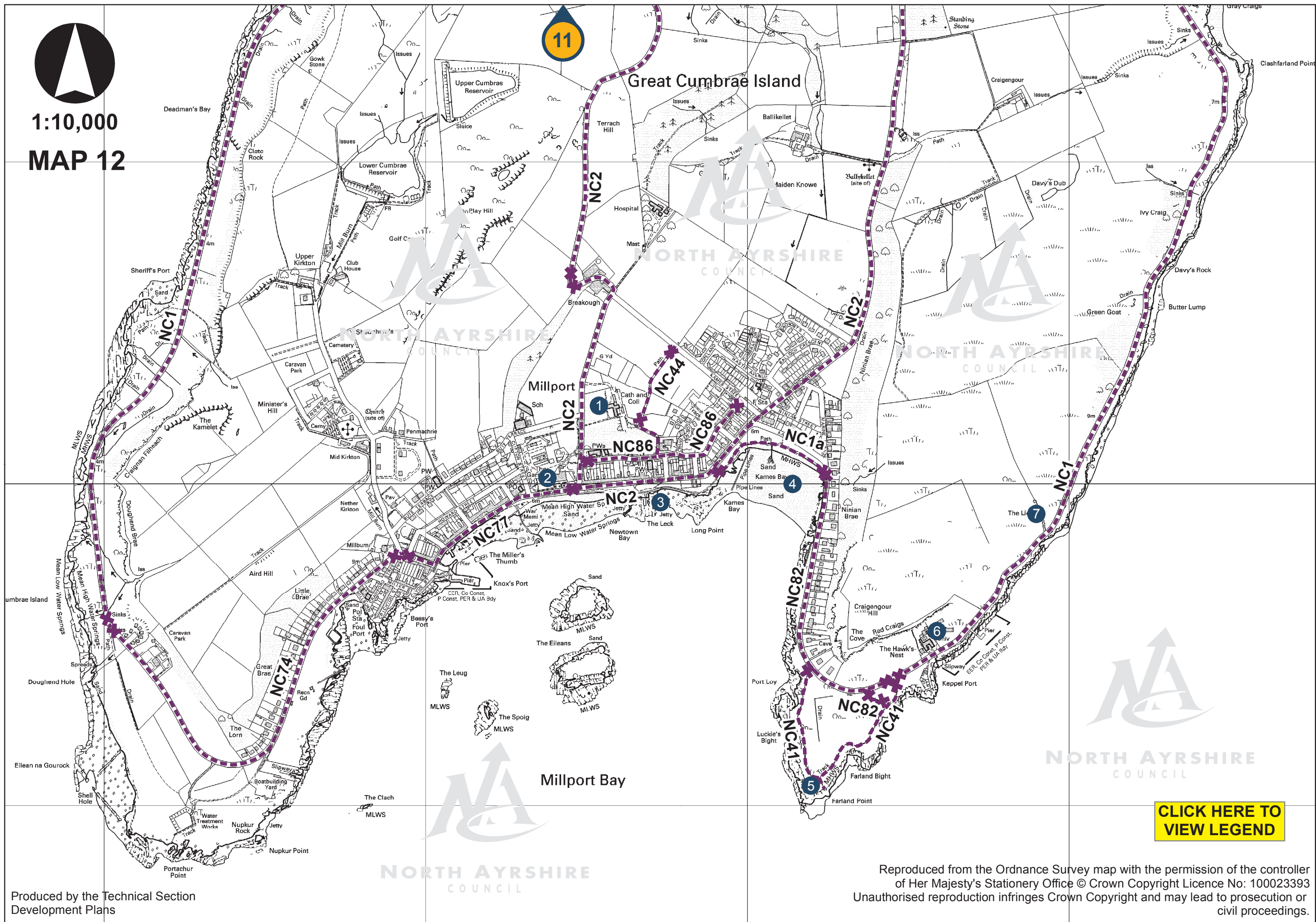


1:10,000  
MAP 12



[CLICK HERE TO VIEW LEGEND](#)



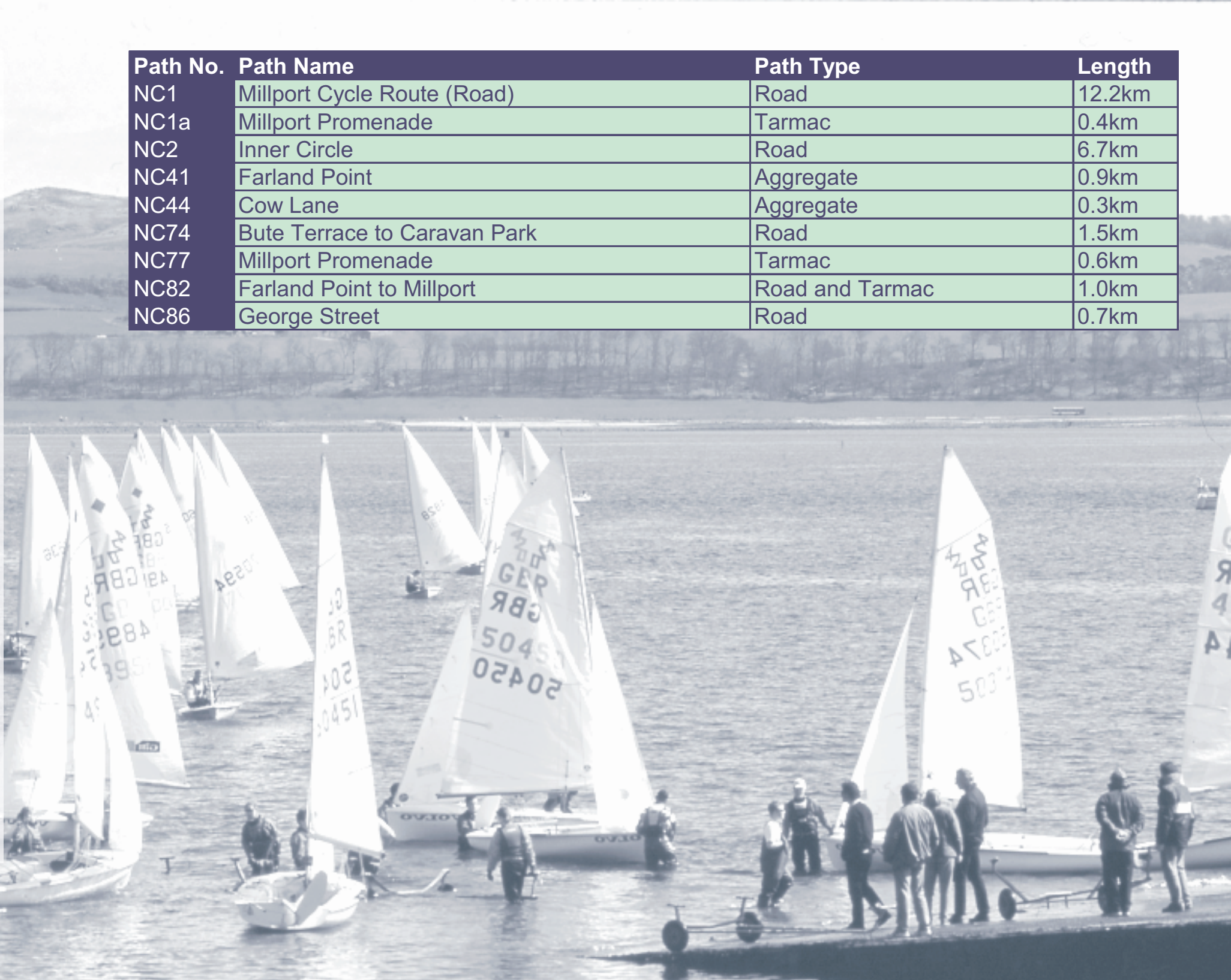
## Cumbrae Sensory Trail

The Island of Cumbrae Initiative Tourism Group developed the Cumbrae Sensory Trail in 2008 in partnership with North Ayrshire Council and the Leader Programme. The Sensory Trail takes you around Cumbrae's 11-mile coastline, giving you the opportunity to delight in the island's nature and wildlife, sandy bays and pebble beaches, sea life and beautiful scenery.

There are five Sensory Point Markers on the Trail where you can pause to indulge and stimulate your senses in peaceful and calming surroundings. These are at five coastal locations around the Island namely, Ballochmartin Bay, Farland Point, Sheriff's Port, Fintry Bay and White Bay. With the help of the audio guide, you can see, taste, smell, touch and listen to aspects of Cumbrae and relax and unwind through this enjoyable and invigorating sensory experience. You can cycle, walk or drive around the Trail. All markers are near the roadside, apart from Farland Point, which is a short, but level walk.

Look out for the ball at the top of the Sensory Point Markers - touch all five and take with you the gift of luck from the Islanders! The Trail can be enjoyed all year round, with the different seasons offering their own unique charm, from the seal colony in winter, to primroses and bluebells in spring, orchids and wild flowers in summer and a glorious display of colour in autumn.

Path No.	Path Name	Path Type	Length
NC1	Millport Cycle Route (Road)	Road	12.2km
NC1a	Millport Promenade	Tarmac	0.4km
NC2	Inner Circle	Road	6.7km
NC41	Farland Point	Aggregate	0.9km
NC44	Cow Lane	Aggregate	0.3km
NC74	Bute Terrace to Caravan Park	Road	1.5km
NC77	Millport Promenade	Tarmac	0.6km
NC82	Farland Point to Millport	Road and Tarmac	1.0km
NC86	George Street	Road	0.7km



POINTS OF INTEREST	
1	Cathedral of the Isles
2	The Garrison
3	Crocodile Rock
4	Kames Bay
5	Farland Point
6	Marine Biological Station
7	Lion Rock





Points of Interest



Railway Station



Car Park



National Trust for Scotland



Adjacent Map Number



Core Path (Existing)



Core Path (Proposed)