

What should you do now?

Before the assessment think about your needs and try to be clear about what level of care you can manage. Write down any questions or queries you have and any points you would like to make.

Discuss your views with the person you care for, so you agree on the help needed. If you are unable to agree, you could meet the worker on your own, so that you have the opportunity to speak frankly. We will help you to resolve any problems or disagreements.

You can have a friend or advocate with you to help express your needs.

For more information contact

North Ayrshire Carers Centre
174 High Street
Irvine
KA12 8AN
01294 311 333



Our Offices

Irvine, Bridgegate House, KA12 8BD
(01294) 324800

Kilbirnie, Craigton Road, KA25 6LJ
(01505) 684551

Isle of Arran, Shore Road, KA27 8JY
(01770) 600742

Largs, Brooksby Medical & Resource Centre,
31 Brisbane Road, KA30 8LH
(01475) 674545

Saltcoats, 17 Vernon Street, KA21 5HE
(01294) 605261 602535

Dreghorn, 23 Main Street, KA11 4AQ
(01294) 218407

Ardrossan, 2 Aitken Place, KA22 8PR
(01294) 468213

This information is available in large print, on tape or in Braille.

You can also request a copy in the following languages, Cantonese, Urdu, Punjabi or Polish.
Please call 01294 317761

本文件也可應要求，製作成其他語文或特大字體版本，也可製作成錄音帶。

ਇਹ ਦਸਤਾਵੇਜ਼ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਅੱਖਰਾਂ ਵਿਚ ਅਤੇ ਆਡੀਓ ਟੇਪ 'ਤੇ ਰਿਕਾਰਡ ਹੋਇਆ ਵੀ ਮੰਗ ਕੇ ਲਿਆ ਜਾ ਸਕਦਾ ਹੈ।

درخواست پر یہ دستاویز دیگر زبانوں میں، بڑے حروف کی چھپائی اور سننے والے ذرائع پر بھی میسر ہے۔

Na życzenie Klienta, informacje te mogą być udostępnione w innych językach oraz formatach.

A carers guide to carers assessment

Do you look after someone?



Who are carers?

A carer is usually a relative or friend who is over 18, and provides regular and/or substantial unpaid care for an adult.

What is a carers assessment?

The Carers (Recognition and Services) Act 1995 and the Community Care and Health (Scotland) Act 2002 give carers the legal right to an assessment.

It gives you the opportunity to tell us about the care you currently provide, any difficulties that you may be facing and any help that you need to maintain your own health and well-being.

Why have an assessment?

We recognise the important contribution which unpaid carers make to the provision and quality of care in North Ayrshire. We also recognise that carers themselves may need help to allow them to continue to provide care.

How can I get an assessment?

Contact your local Social Services office, see the back of this leaflet for details.

What does an assessment involve?

We will carry out an assessment of the needs of the person you are looking after, to work out what extra support might help. At the same time you can have a separate assessment of your own needs as a carer. You can have an assessment even if the person you care for is not being assessed.

You do not have to live with the person you care for to have an assessment. If you know you are about to provide care for someone in the near future you can also ask for an assessment.

The member of staff who carries out the assessment will explain what happens in more detail and will be pleased to answer any questions you may have and guide you through the process.

Who will do the Assessment ?

A range of professional staff can carry out an assessment, for example :

- Social Worker
- Social Work Assistant
- Occupational Therapist
- Occupational Therapy Assistant
- District or Community Nurse
- Community Learning Disability Team Nurses
- Community Psychiatric Nurses

