

Week 1



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Soup	Lentil	Vegetable	Potato	Chicken Noodle	Tomato
Main Course 1	Spaghetti bolognaise	Beef curry Palau rice Nan bread	Meatballs tomato sauce pasta	Roast of the Day with accompaniments	Fish & chips
Main Course 2	Breaded chicken Coleslaw Spicy wedges	Calzone pizza Spicy beef Mix salad	Chicken tikka Wraps salad Sauté potatoes	Macaroni Cheese Garlic Bread	Managers Choice
Vegetables & Salads	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection
Sweet	Apple shortcake custard	Choc éclairs cream	lemon meringue pie custard	Ginger sponge custard	Ice cream Fruit
<i>Extras Rollover, Sub Central ,Pasta King, Pizza, Salad Bar, Baked Potato, Paninis, Sandwiches Filled Rolls.</i>					

24.10.11 21.11.11 19.12.11 16.01.12 13.02.12 12.03.12

Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Starters	Vegetable	Lentil	Chicken	Potato	Cream Vegetable
Main Course 1	Sausages & mash	Enchiladas & Sauté potatoes	Minute steaks red onion gravy Parsley potatoes	Roast of the Day With accompaniment	Fish & Chips
Main Course 2	Chicken curry Rice/Nan bread	Haggis neeps tatties	Sausage rolls Beans Twisty Fries	Beef chow mien Prawn crackers	Managers Choice
Vegetables & Salads	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection
Sweet	Caramel tart Custard	Chocolate Carrot cake custard	Sticky Pudding custard	Bakewell Tart & Custard	Meringues
Extras Rollover, Sub Central ,Pasta King, Pizza, Salad Bar, Baked Potato, Paninis, Sandwiches Filled Rolls.					

31.10.11 28.11.11 26.12.11 23.01.12 20.02.12 19.03.12

Week 3



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Soup	Chicken & Rice	Tomato & Vegetable	Chicken & Rice	Potato	Tomato & Vegetable
Main Course 1	Chicken fajitas Salad ,wedges	Sausages and bacon Twisty Fries	Italian mince Garlic bread	Chicken pakora Sweetchilli dip Bombay Potatoes & salad	Fish & Chips
Main Course 2	Steak Pie Mash potato	Macaroni Cheese Garlic Bread	Chicken Curry & rice Nan Bread	Roast of the day accompaniment	Managers Choice
Vegetables & Salads	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection
Sweet	Caramel Tartlets Custard	Mint marble sponge custard	Chocolate Fudge Cake custard	Peach and apple Pie cream	Bakewell Tart Custard
<i>Extras Rollover, Sub Central ,Pasta King, Pizza, Salad Bar, Baked Potato, Paninis, Sandwiches Filled Rolls.</i>					

7.11.11

5.12.11

2.01.12

30.01.12

27.02.12

26.03.12

Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	lentil	Tomato	Potato	Chicken	Split pea
Main Course 1	Steak pie Parsley potatoes	Chicken in batter Sweet- sour Sauce & rice	Gammon steak Pineapple croquettes	Savoury mince Pastry rounds Mashed potato	Fish & Chips
Main Course 2	Pork steaks Barbeque sauce	Beef lasagne wedges Mixed salad	Macaroni cheese Garlic bread	Chicken curry Rice/Nan bread	Managers Choice
Vegetables & Salads	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection
Sweet	Fruit slice custard	Lemon drizzle muffins	Sticky Toffee Pudding & Custard	Coconut tart custard	Toffee meringues Ice cream
Extras Rollover, Sub Central ,Pasta King, Pizza, Salad Bar, Baked Potato, Paninis, Sandwiches Filled Rolls.					

14.11.11 12.12.11 9.01.12 6.02.12 5.03.12 2.04.12