

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup		Potato *		Lentil	
Main Meal	Chicken Curry/Supreme served with rice & pasta Pork Sausages Baked Potato with Beans *	Spaghetti Bolognese & Garlic Bread /Meatballs in Gravy ~ Haggis Cold Meat Salad	Roast of the Day Chicken Biryani With optional Curry Sauce & Nan Bread Baked Potato with Coleslaw *	Spicy Chicken Wraps Macaroni Cheese & Garlic Bread * Gammon Sandwiches served with Salad	Breaded Fish * Managers Special Baked Potato & Cheese *
Potato & Vegetable Selection	2-4 Salad Bowls Beans/Sweetcorn Potatoes	2-4 Salad Bowls Turnip/Peas Potatoes	Carrots 2-4 Salad Bowls Creamed Potatoes	2-4 Salad Bowls	Peas 2-4 Salad Bowls Chips
Dessert	Apple Crumble & Custard ~ Shortbread Fresh Fruit /Platter Yoghurt	Fruit Cheesecake ~ Caramel Tartlets ~ Fresh Fruit/ Platter Yoghurt	Sticky Toffee Pudding & Custard Fresh Fruit /Platter Yoghurt	Butterfly Cakes ~ Trifle ~ Fresh Fruit/ Platter Yoghurt	Ice-Cream & Fruit Fresh Fruit/Platter Yoghurt
Milk, Flavoured Milk, Water, Fruit Juice. Free Bread served daily					

* Non Meat Item
~ Managers Discretion

9.05.11 6.06.11 4.07.11 1.08.11 29.08.11 26.07.11 24 .10.11