

Upgrade of Annick Water Bridge on National Cycle Network Route 73 at Annick Valley Park

Current position – the existing bridge requires to be upgraded to provide multi use access. For example the parapet height is too low to facilitate equestrian access.

Proposal Part 1 – to replace existing bridge with an Ekki hardwood bridge similar to the example provided below. The new bridge will meet the National Cycle Network and British Horse Society standards for bridges to facilitate multi use access.



Upgrade of Annick Water Bridge on National Cycle Network Route 73 at Annick Valley Park

Proposal Part 2 – to provide improved directional signage on the Annick Valley Park side of the bridge similar to the designs shown below.

Proposal Part 3 – to improve the provision for seating and cycle parking on the Annick Valley Park side of the bridge similar to the examples shown below.

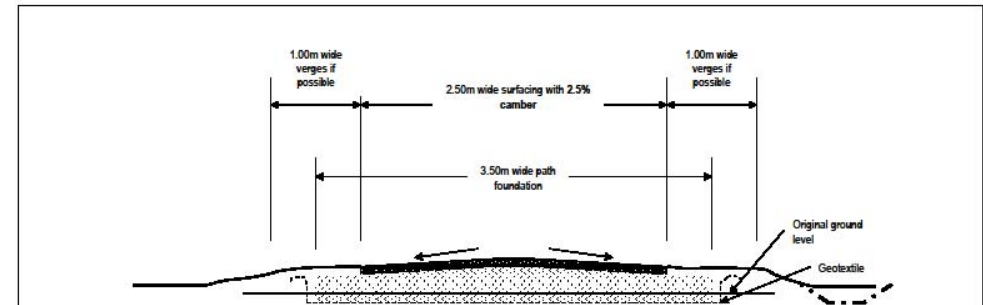


This project is funded by Sustrans Scotland and North Ayrshire Council

Upgrade of National Cycle Network Route 7 at Gottries Road, Irvine

Current position – the path is currently constructed of a blaze material which is difficult to walk and cycle on and is problematic for less able users. This is the only section of the route which is not a bound surface.

Proposal Part 1 – to upgrade the path to an all abilities access standard in line with the National Cycle Network Standards as outlined below.



NOTES:

Path construction:

- Scrap off topsoil to provide hard clean formation for foundation, 3.50 wide where possible.
- Use a geotextile sheet laid over the formation.
- Foundation depth to be, when compacted, 250mm of GSB Type 1 – 4.0 wide.
- 2.5% camber can be formed in the foundation layer or in the profile of the DBM running surface.
- Herbicide (contact then residual) to be applied to both the formation and foundation layer by competent weed control contractor.
- Running surface requires to be 2.50m wide, min. 60mm deep layer of DBM 14mm aggregate.
- Verges to the path to be 1.00m wide, if possible, and dressed with in-situ materials. **Important note:** Verges must not sit higher than the path surfacing to ensure surface water can drain away.

Upgrade of National Cycle Network Route 7 at Gottries Road, Irvine

Proposal Part 2 – to improve the signage on the route using thermoplastic markings



Proposal Part 3 – to provide an information and interpretation panel on local path networks and points of interest similar to the example provided

Walking & Cycling in the Three Towns


NORTH AYRSHIRE COUNCIL



Ardrossan Saltcoats Stevenston

www.north-ayrshire.gov.uk/outdooraccess

Safety Advice

Pedestrian Advice
To maximise your enjoyment of the Trail ensure that you:

- Wear comfortable footwear.
- Carry adequate clothing.
- Be aware of other users on the routes, particularly cyclists who may be approaching you from behind.

Cycle Safety
Observe the following low simple safety precautions:

- Wear a helmet.
- Ensure that your cycle is roadworthy.
- Observe signs and notices along the route.
- Be courteous to other users, especially young or elderly pedestrians.

Health Benefits

Live longer and Enjoy life

Walking and cycling are ideal form of exercise, as well as improved health benefits can also include increased social contact and reduced air pollution. Walking is free, requires no special equipment and is accessible to all regardless of age, income, location and ability and cycling only requires access to a bicycle!

Active people live longer and healthier lives than inactive people.

Being active:

- Helps reduce stress and provides a greater sense of well being
- Lowers your blood pressure
- Assists you to manage your weight
- Reduces the risk of developing many diseases such as heart disease
- Enables you to sleep better
- Provides you with more energy for work and leisure

Do you think that your health could benefit from taking part in some more exercise, then why not try one of the Health Walks in your area? The Ways to Walk Group walking programmes focus on short, fast and independent walks. For further details contact the Ways to Walk co-ordinator on (01794) 601049 or at 24-35 Carver Road, Stevenston.

Contact Details

Eglington Country Park Visitor Centre
(01294) 551776
www.north-ayrshire.gov.uk/outdooraccess
Produced by Outdoor Access Team, Development & Promotion.

This project is funded by Sustrans Scotland and North Ayrshire Council

Upgrade of the New Town Trail, Irvine

Proposal Part 1 – to provide directional signage at Strategic locations on the Trail similar to the examples provided



Proposal Part 2 – to provide seating and cycle parking provision on the Trail similar to the examples provided



Upgrade of the New Town Trail, Irvine

Proposal Part 3 – to remove barriers on the Trail to facilitate all abilities access on the Trail



Proposal Part 4 – to sow wildflower seed at strategic locations on the Trail to improve the local biodiversity value.



Proposal Part 5 – provide path information and interpretation on the Trail at strategic locations similar to the example provided.



This project is funded by the CSGN Development Fund, North Ayrshire Council and Irvine Bay Regeneration Company

Irvine Beach Park Improvements

Proposal Part 1 – Upgrade strategic paths within the Park to an all abilities access standard



Proposal Part 2 - Sow wildflower seeds at Strategic locations to improve the biodiversity value of the Park.



Irvine Beach Park Improvements

Proposal Part 3 – to provide seating and picnic areas within the site similar to the examples provided.



Proposal Part 4 – to provide Trim Trail equipment and thermoplastic markings on the path network



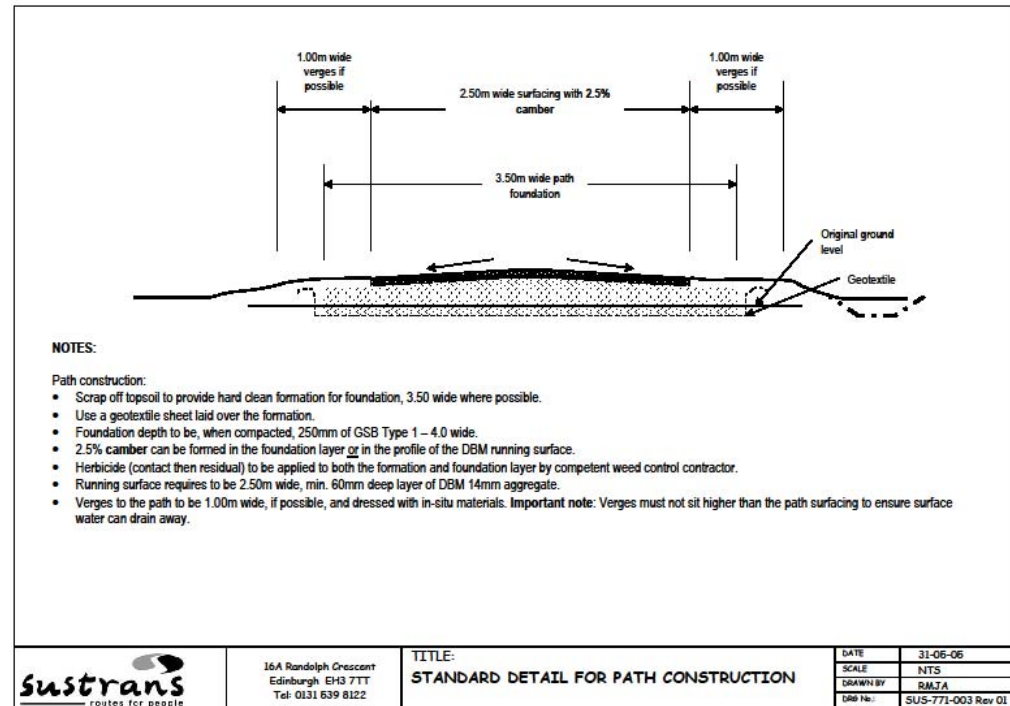
Proposal Part 5 – to provide directional signage and interpretation information within the Park similar to the examples provided.



This project is funded by CSGN Development Fund, North Ayrshire Council and Irvine Bay Regeneration Company

Ardeer Quarry, Stevenston – Path Upgrade

Proposal Part 1 – upgrade existing path to an all abilities access standard.



Proposal Part 2 – provide seating at strategic locations similar to the examples provided.



Ardeer Quarry, Stevenston – Path Upgrade

Proposal Part 3 – provide an interpretation and information panel similar to the example provided.



Proposal Part 4 – expand the existing wetland area between the two path networks.



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